## Pilgrim Federation EYFS & Key Stage 1 Curriculum Coverage for the Learning Theme: Our Bodies, Growing Things & Life Cycles

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	Federation	on

				Our B	odies				
EYFS	Science	Art & Design	Computing	D&T	Geography	History	Music	PE	Other links/ideas
Continuous	Managing Self	Fine Motor	Use of	Fine Motor	<u>People</u>	Past and	See also	See also	x-rays
provision will	<u>ELG</u>	Skills ELG	technology	Skills ELG	Culture and	Present ELG	<u>Charanga</u>	<u>RealPE</u>	
be in place	Understanding	Hold a pencil	beyond school	Use a range of	<b>Communities</b>	Talk about the	Schemes of	Schemes of	Trip to dentist
throughout	the	effectively in	<ul> <li>hospital and</li> </ul>	small tools,	<u>ELG</u>	lives of the	<u>work</u>	work.	Role play area
the learning	importance of	preparation	medical	including	Explain some	people around			hospital
theme based	healthy food	for fluent	technology.	scissors, paint	similarities	them and	<u>Being</u>	<b>Gross Motor</b>	Doctors.
on PLODS	choices	writing using		brushes and	and	their roles in	<u>Imaginative</u>	Skills ELG	
(possible Lines		the tripod grip	Storing and	cutlery;	differences	society;	<u>and</u>	Negotiate	Visit from an
of	The Natural	in almost all	using		between life		<b>Expressive</b>	space and	athlete/
development)	World ELG	cases;	information	Begin to show	in this country	Know some	<u>ELG</u>	obstacles	footballer.
	Explore the		safely and	accuracy and	and life in	similarities	Sing a range of	safely, with	
	natural world	Use a range of	respectfully –	care when	other	and	well-known	consideration	Sign language.
	around them,	small tools,	our	drawing	countries,	differences	nursery	for themselves	
	making	including	information.		drawing on	between	rhymes and	and others;	Various
	observations	scissors, paint		Design, make	knowledge	things in the	songs;	Demonstrate	programmes
	and drawing	brushes and	Design your	evaluate –	from stories,	past and now,		strength,	and games on
	pictures of	cutlery;	own 'Strictly'	food.	non-fiction	drawing on	Perform	balance and	CBeebies
	animals		costume		texts and –	their	songs,	coordination	website.
		Begin to show		Cooking and	when	experiences	rhymes,	when playing;	
		accuracy and		nutrition.	appropriate –	and what has	poems and	Move	Funny Bones
		care when			maps	been read in	stories with	energetically,	by Janet and
		drawing.		https://teache		class;	others, and –	such as	Allan Ahlberg
				<u>rs.thenational.</u>			when	running,	https://www.y
				academy/unit			appropriate	jumping,	outube.com/w
				s/cooking-			try to move in	dancing,	atch?v=gweO
				and-nutrition-			time with	hopping,	<u>q40T-</u>
				preparing-			music.	skipping and	H0&safe=activ
				<u>fruit-and-</u>				climbing.	<u>e</u>
				vegetables-					
				<u>2007</u>					

				Our B	odies				
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)
Continuous provision will be in place throughout the learning theme based on PLODS (possible Lines of development)	Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class  Identify, name, draw and label the basic parts of the human body.  Say which part of the body is associated with each sense.	Creating with Materials ELG Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form, and function; Share their creations, explaining the process they have used; -	https://www.bbc.co.uk/cbb c/quizzes/stric tly-costume- designer?colle ction=cbbc- top-picks- today#xtor=CS 8-1000- [Discovery_Ca rds]- [Multi_Site]- [GR05]- [PS_CBBC~N~ ~A_StrictlyCos tumeDesigner Game]	Use the basic principles of a healthy and varied diet to prepare dishes. Understand where food comes from link to allergies and conditions e.g. a cake for a diabetic.  Clothing design  Sports equipment/clothing (see your own Strictly costume in computing)	Key physical features, including: beach, cliff, coast, forest, hill, mountain, sea, ocean, river, soil, valley, vegetation, season and weather  Key human features, including: city, town, village, factory, farm, house, office, port, harbour and shop.	Understand the past through settings, characters and events encountered in books read in class and storytelling;	Experiment with, create, select and combine sounds using the inter- related dimensions of music. — Body band  Heads, shoulders, knees and toes. Can children create a new version?  Tommy Thumb https://www.y outube.com/w atch?v=JXuTyh _tM-8  Music, sound and hearing.	Develop basic skills such as running, jumping, balance and agility.  Beginning to understand how to keep healthy.  CBeebies — Footy Pups.  Dance — modern/ contemporary / street/ break dancing	PSHCE links – Keeping health Staying safe Emotions

	Our Bodies												
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)				
	Notice that	Make use of				Where we live	How music						
	animals,	props and				and	makes you						
	including	materials				settlements –	feel?						
	humans, have	when role				human needs							
	offspring	playing				link back to	How do you						
	which grow	characters in				previous topic	interpret						
	into adults	narratives and				about food	music through						
		stories.				and farming	the body?						
	Find out about						Tapping,						
	and describe	Learn about				The lives of	clapping,						
	the basic	the work of a				significant	nodding,						
	needs of	range of				individuals in	dancing.						
	animals,	artists.				Britain's past							
	Including					who have							
	humans, for	Describing				contributed to							
	survival	similarities				our nation's							
	(water, food	and				achievements							
	and air).	differences				- scientists							
	Describe the	between a				such as Isaac							
	importance	range of				Newton or							
	for humans of	practices –				Michael							
	exercise,	body art				Faraday,							
	eating the	leaving the				reformers							
	right amounts	paintbrush				such as							
	of different	behind.				Elizabeth Fry							
	types of food,					or William							
	and hygiene.	Handprints				Wilberforce,							

	Our Bodies											
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)			
		Henna hand decorations (linked to RE topic?)  Sculptures of human forms. Portrait artists. Finger painting.  Finger prints and concentric designs.  Study Sir Anthony Van Dyck and create work inspired by his art.				Medical pioneers such as William Harvey or Florence Nightingale.  Creative geniuses such as Isambard Kingdom Brunel or Christina Rossetti. – Medical break- throughs.  Significant historical events, people and places in their own locality. – Illness outbreaks.						

			(	Growing Thing	s & Life Cycle	es			
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)
Continuous provision will be in place throughout the learning theme based on PLODS (possible Lines of development)	The Natural World ELG Explore the natural world around them, making observations and drawing pictures of animals  Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class  Living things	Creating with Materials ELG Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form, and function; Share their creations, explaining the process they have used; Use drawing, painting, sculpting to express ideas. Use a range of media to represent and make.	Use technology to support learning understanding how to program to make technological equipment work.	Fine Motor Skills ELG Use a range of small tools, including scissors, paint brushes and cutlery;  Begin to show accuracy and care when drawing  Design — consider ascetics and functionality.  Make — use a range of tools safely and effectively.  Evaluate — test against criteria for purpose of design and judge.	People Culture and Communities ELG Explain some similarities and differences between life in this country and life in other countries, drawing on knowledge from stories, non-fiction texts and — when appropriate — maps  Physical features — vegetation what grows where?  Climate,	Significant Britain's – British Plant hunters (e.g. Cook's voyages) and plant discoveries.  Introduction of the potato Raleigh is credited but these were already known. He did bring back tobacco plants.  Possibly William of Orange and the development of carrots to orange from their original purple.	See also Charanga Schemes of work  Being Imaginative and Expressive ELG Sing a range of well-known nursery rhymes and songs; Perform songs, rhymes, poems and stories with others, and — when appropriate try to move in time with music. Use voice creatively Play tuned and untuned	See also RealPE Schemes of work.  Gross Motor Skills ELG Negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	Farm visit to see how crops are grown.  Field to Fork experience at Holkham.  Stody Estate farm visit (the potatoes they grow are made in to Kettle Chips, the pigs they rear are sold to Waitrose)  Growing our own food to eat. School garden.
	and the				seasons and		instruments.	Master basic movement	

habitats they	t	temperature		
need.	li	links.		

			(	Growing Thing	gs & Life Cycle	es			
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)
	What grows where?  Seeds – germination and what plants need to survive and thrive.  Label common plants and trees native and imported – cultivated and wild.  Life cycle of a plant e.g. an apple. <a href="https://www.bbc.co.uk/teach/class-clips-video/ks1-science-lifecycles/z4r4cmn">https://www.bbc.co.uk/teach/class-clips-video/ks1-science-lifecycles/z4r4cmn</a> Different food types.	To develop a wide range of techniques to express texture, colour, shape, form, Pattern and space.  Range of artists and their work, comparing and describing, linking to own work.  Focuses could include – Van Gogh's sunflowers, Monet's waterlilies, Flemish masters, or less commonly studied artists such as Cath Kitson,		Adapt as necessary.  Gardening tools.  Growing, preparing and eat food.  Soup  Fruit salad  Bread  https://www.bbc.co.uk/cbeebies/topics/food	Common vegetation home and abroad.  Links to food, farming & factories.  What food is grown in Norfolk?  Favourite foods that have to be imported. Include basic understanding of import & export – how does the food we eat get to use? Food miles? https://www. bbc.co.uk/cbe ebies/shows/ my-world- kitchen	Other food introductions.  Significant changes over history to the cultivation and usage of plants e.g. engineering the introduction of the hothouse (Joseph Paxton), Victorian Kitchen gardens – link to science and D&T for things such as icehouses and the first ice cream in Britain.	Experiment with and combine interrelated dimensions of music. Listen to a range of music recorded and live.  Focuses could include Lakme flower duet.  A range of songs/pieces referencing flowers is available but should be linked well to the musical dimension focus in hand.	Participate in team games.  Perform dances and sequences using patterns of movement.  This could be topic linked if desired.	https://www.bbc.co.uk/cbeebies/joinin/down-on-the-farm-grow-your-own-articlehttps://www.bbc.co.uk/cbeebies/shows/down-on-the-farmhttps://www.bbc.co.uk/iplayer/episode/m00053z0/maddies-do-you-know-series-3-11-cereal-and-potato-harvester

	William				
	Morris,				

Growing Things & Life Cycles											
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)		
	Carnivores,	Georgia					There has		My Growing		
	herbivores.	O'Keefe					been some		journey		
	Life cycle of an	(oriental					scientific		(PSHCE)		
	animal	poppies) etc.					research to		https://class		
	https://classro	Maybe canal					prove that		om.thenatio		
	om.thenationa	art					plans can		I.academy/I		
	<pre>l.academy/less</pre>						move in		ons/my-		
	ons/to-	Henry					response to		growing-		
	sequence-the-	Rousseau –					certain types		journey-		
	life-cycle-of-	Into the Forest					of music.		71h34c?fro		
	an-animal-								query=grow		
	6hk38c?from_						Although this		g+things		
	query=the+ma						is				
	ya						controversial				
	_						there is a				
	Sequence the						claim that				
	stages of plant						although they				
	growth						don't respond				
	https://classro						to music that				
	om.thenationa						can respond				
	l.academy/less						to vibrations				
	ons/to-						from insects.				
	sequence-the-										
	stages-of-a-						Oak Academy				
	plant-growing-						- Growth				
	cnjk4r?from q						https://teache				
	uery=growing						rs.thenational.				
	+things						academy/units				
	<u>Tullings</u>						/growth-789a				

	Growing Things & Life Cycles											
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)			
	Understand											
	what plants											
	need to grow											
	https://classro											
	om.thenationa											
	<u>l.academy/less</u>											
	ons/to-											
	<u>understand-</u>											
	what-plants-											
	need-to-grow-											
	6gw3ad?from											
	<u>query=growi</u>											
	ng+things											
	Sequence the											
	human life											
	cycle											
	https://classro											
	om.thenationa											
	<u>l.academy/less</u>											
	ons/to-											
	sequence-the-											
	<u>life-cycle-of-a-</u>											
	<u>human-</u>											
	c8v36c?from_											
	<u>query=growin</u>											
	g+things											

	Growing Things & Life Cycles										
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)		
	Understand										
	what humans										
	need to grow										
	https://classro										
	om.thenationa										
	<u>l.academy/less</u>										
	ons/to-										
	<u>understand-</u>										
	what-humans-										
	need-to-grow-										
	c4u3ad?from_										
	<u>query=growin</u>										
	g+things										
	Know that										
	humans grow										
	and change										
	over time										
	https://classro										
	om.thenationa										
	<u>l.academy/less</u>										
	ons/to-										
	<u>understand-</u>										
	that-humans-										
	grow-and-										
	change-over-										
	<u>time-</u>										
	65j62c?from_										
	<u>query=growin</u>										
	g+things										

Growing Things & Life Cycles									
EYFS (cont.)	Science (cont.)	Art & Design (cont.)	Computing (cont.)	D&T (cont.)	Geography (cont.)	History (cont.)	Music (cont.)	PE (cont.)	Other links/ideas (cont.)
	Know what								
	farm animal								
	offspring need								
	to grow								
	https://classro								
	om.thenationa								
	I.academy/less								
	ons/to-know-								
	what-farm-								
	animal-								
	offspring-								
	need-to-grow-								
	68v62c?from								
	<u>query=growin</u>								
	g+things								
	Growing								
	plants (EYFS)								
	https://classro								
	om.thenationa								
	l.academy/uni								
	ts/growing-								
	plants-								
	1978?from_qu								
	ery=growing+t								
	hings								

Our Bodies						
Possible links to English:	Possible Links to Maths:					
https://www.booksfortopics.com/all-about-me	Number:					
https://peters.co.uk/book-page/9789990204865	Links to PE – counting jumps					
Fiction: Can I Build Another Me? Shinsuke Yoshitake The Name Jar - Yangsook Choi Professor Astro Cat's Human Body Odyssey - Dominic Walliman and Ben Newman Argh! There's a Skeleton Inside You! - Idan Ben-Barak & Julian Frost From Head to Toe – Eric Carle Once They Were Giants – Martin Waddell	Measure and scale Links to PE & DT - measuring length and width of body parts The Street Beneath my Feet — Charlotte Guillain  Data handing Links to PE, DT - tally charts, bar charts, pictograms					
Non-Fiction: Super Duper You! - Sophy Henn Only One You - Linda Kranz Your Heart and Lungs (Science in Action) - Sally Hewitt Your Fantastic, Elastic Brain - JoAnn Deak and Sarah Ackerley You Choose - Pippa Goodhart & Nick Sharratt What's Eating You? - Nicola Davies and Neal Layton Human Body (Shine-A-Light) - Carron Brown & Rachael Saunders Hello World - Jonathan Litton & L'Atelier Cartographik Let's Make Faces - Hanoch Piven Look Out! How We Use Our Five Senses! - Leon Read and Sean Sims						
Poetry: Funny Bones — Janet and Allan Ahlberg Ready Steady Mo! - Mo Farah and Kes Gray  Song: Heads, Shoulders, Knees and Toes Okie Cokie						

Growing Things & Life Cycles					
Possible links to English:	Possible Links to Maths:				
https://www.booksfortopics.com/growing-ks1	Number:				
	Counting petals and leaves				
Fiction:					
Jack and the beanstalk	Data Handling and Measuring:				
https://teachers.thenational.academy/units/jack-and-the-beanstalk-	Non-standard units of measure hand span, footsteps, arm lengths,				
<u>characters-mood-problems-5b0f</u>	strides.				
https://teachers.thenational.academy/units/jack-and-the-beanstalk-	Growing beans – weekly measure (using standard and non-standard				
created-story-characters-mood-problems-be6a	units)				
Peter Rabbit – Farmer McGregor – Beatrix Potter					
Jack and the Beanstalk – Raymond Briggs					
Ten Seeds - Ruth Brown					
Eddie's Garden: and How to Make Things Grow - Sarah Garland					
Oliver's Vegetables - Vivian French and Alison Bartlett					
I Really Wonder What Plant I'm Growing (Charlie and Lola) - Lauren Child					
The Little Gardener - Emily Hughes					
Titch - Pat Hutchins					
The Growing Story - Ruth Krauss & Helen Oxenbury					
The Enormous Turnip – Katie Daynes					
The Enormous Potato - Aubrey Davis					
Bonkers About Beetroot - Cath Jones & Chris Jevons					
Katie and the Sunflowers - James Mayhew					
The Boy Who Grew Dragons - Andy Shepherd					
The Tiny Seed – Eric Carle					
Tadpole's Promise – Tony Ross					
Jasper's Beanstalk – Nick Butterworth.					
Non-Fiction:					
Non-Fiction: Explanation of how beans grow					
https://teachers.thenational.academy/units/explanation-how-beans-grow-					
980b					
<u>5005</u>					

Growing Things & Life Cycles (cont.)						
Possible links to English:	Possible Links to Maths:					
How Butterflies came to be						
https://teachers.thenational.academy/units/how-butterflies-came-to-be-						
<u>7a0c</u>						
A Little Guide to Wild Flowers - Charlotte Voake						
Secrets of the Vegetable Garden: A Shine-a-Light Book - Carron Brown						
It Starts With a Seed - Laura Knowles & Jennie Webber						
Plants (Amazing Science) - Sally Hewitt						
RHS Ready, Steady, Grow! - Royal Horticultural Society						
A Seed is Sleepy - Dianna Aston & Sylvia Long						
Wangari's Trees of Peace: A True Story from Africa - Jeanette Winter						
The amazing Lifecycle of plants – Kay Barnham						
From Seed to Sunflower – Gerald Legg						
The Big Book of Blooms – Elisa Biondi & Yuval Zommer						
Poetry:						
Each, Peach, Pear, Plum – Janet and Allen Ahlberg						
A little Bit of Food						
Dig a little hole **						
I Am the Seed That Grew the Tree: A Nature Poem for Every Day of the						
Year - Fiona Waters & Frann Preston-Gannon						
Farmer Duck – Martin Waddell & Helen Oxbury						